

MAY – JUNE HIKE SCHEDULE 2023

SAT MAY 6 **Tennessee Rock Trail** at Black Rock State Park near Mountain City, GA. This is a loop with gradual climb to the summit (3,625). Views into Wolf Fork and see Picken's Nose near the Eastern Continental Divide. There is a parking fee of \$4 Total Hike Distance: 2.2 miles Rating: M Elevation: 400' Meeting Place: SMVC Time: 10 am R/T Driving: 36 miles Leader: Gail Lehman Must call for reservations 828-524-5298

FRI MAY 12 **Kephart Prong** in the GSMNP. See traces of an abandoned camp which the Civilian Conservation Corp built in the 1930's. Total Hike Distance: 4 miles Rating: M Elevation: 840' Meeting Place: Food Lion Time: 9 am R/T Driving: 90 miles Parking fee \$5 w/o annual pass. Day pass can be purchased at the Visitor Center. Leader: Sandi Hawk Must RSVP 407-791-4761

SAT MAY 13 **Windy Falls** in the Gorges State Park. This is an awesome waterfall with several drops and rock outcrops. There is a small wet cave near the falls. The trail near the end is steep and rocky. Mountain laurel may be in bloom. Out and back hike. Total Hike Distance: 3.5 miles Rating: M – S Elevation: 1100' Meeting Place: Cashiers Rec Park Time: 10 am R/T Driving: 26 miles Leader: Susan Kettles Must RSVP 828-743-1079 or 828-399-0090

SUN MAY 14 **Rufus Morgan Falls**. Historic hike to Rufus Morgan Falls, named after our club's founder. Come and enjoy this relatively easy hike and share stories of his amazing life. This is also one of the most beautiful waterfalls in the Nantahala National Forest. Total Hike Distance: 1.5 miles. Rating: E Elevation: 300' Meeting Place: WP Time: 2 pm R/T Driving: 26 miles Leader: Victor Treutel Must RSVP 407-341-6702

MON MAY 15 **Twenty Mile Trail** in the Great Smoky Mountains National Park. This hike uses three different trails with wide and easier footing with less than 800' elevation spread over 9 miles with much scenery and views of waterfalls. Parking fee \$5 w/o annual pass. Day pass can be purchased at the Visitor Center. Total Hike Distance: 9 miles Rating: S Elevation: 800' Meeting Place: 441 N Sanderstown Park and Ride Time: 8:30 am R/T Driving: 100 miles Leader: Katharine Brown Must RSVP Phone: 828-421-4178

SAT MAY 20 **Rock Gap to Winding Stair Gap** on the Appalachian Trail. Hike north on the AT crossing old US64 and begin a steep climb crossing a creek. Coming to a landing it becomes a pleasant walk. Lunch at an overlook into the Cartoogechaye Community. Ending at Winding Stair, AT 110. Total Hike Distance: 4 miles Rating: M – S Elevation: 500' Meeting Place: Westgate Plaza Time: 10 am R/T Driving: 25 miles Leader: Mark Holmberg Must RSVP 678-234-5681

SUN MAY 21 **Larry's Road** out old 64 West. FSRD 7281 is a wide road with good views into West Dill/ Cartoogechaye communities. We will look for a waterfall. Total Hike Distance: 4 miles Rating: E Elevation: 400' Meeting Place: Westgate Plaza Time: 1:30 pm R/T Driving: 30 miles Leader: Gail Lehman Must call to confirm 828-524-5298

SAT MAY 27 **Forney Creek** in the GSMNP. Start at the Road to Nowhere going through the tunnel. Hike on the Lake Shore Trail which is part of the Benton MacKay Trail. We will go down to Lake Fontana and have lunch. Each car will need a parking pass. \$5/car. Total Hiking Distance: 6 miles Rating: M Elevation: 600' R/T Driving: 76 miles Leader: Gail Lehman Must RSVP 828-524-5298

SAT JUNE 3 **Whiterock Mountain** off the NC Bartram Trail. Starting at Jones Gap going north on

the Bartram Trail. Take a side trail out to Whiterock. Spectacular views into Tennesse and across the valley, you can see Albert Mt. Fire Tower. Total Hike Distance: 4.6 miles Rating: M Elevation: 400' Meeting Place: Food Lion Time: 9 am R/T Driving: 40 miles Leader: Sandi Hawk Must call for reservations 407-791-4761

SUN JUNE 4 **Full Moon** to Siler Bald. This hike is for experienced hikers only who have done this hike in the day time. Bring a hand or headlamp, extra coat, and snacks. Total Hike Distance: 4 miles Rating: M Elevation: 700' Meeting Place: Westgate Plaza Time: 6 pm R/T Driving: 26 miles Leader: Katharine Brown Must RSVP 828-421-4178

SAT JUNE 10 **Picken's Nose and Albert Mountain Fire Tower.** These two hikes have a lot of spectacular views. At Picken's Nose view south into Georgia. We may see Peregrine Falcons. Then go to Mooney Gap and hike north on the Appalachian Trail. Try out the new Konnarock steps up Albert Mountain. Total Hike Distance: 7 miles Rating: M – S Elevation: 900' Meeting Place: Westgate Plaza Time: 9 am R/T Driving: 55 miles Leader: Mark Holmberg Must RSVP 678-234-5681

SUN JUNE 11 **Wayah Loop.** We will go to the tower for a beautiful view, then hike the AT north (very rocky) to the junction of the Bartram Trail. Take Trimont Trail to the bald for more spectacular views. Total Hike Distance: 3 miles Rating: M Elevation: 400' Meeting Place: Westgate Plaza Time: 2 pm Leader: Gail Lehman Must call for reservations 828-524-5298

SAT JUNE 17 **Rock Gap to Glassmine Gap** on the AT. Hike south on the AT. Some views east into the Cartoogechaye Community. This is an out and back hike. Total Hike Distance: 5 miles Rating: M Elevation: 700' Meeting Place: Westgate Plaza Time: 9 am R/T Driving: 35 miles Leader: Sandi Hawk Must RSVP 407-791-4761

SAT JUNE 17 **High Falls/Thompson Fall**(aka Rough Run Falls) Hike in and out along the West Fork of the Tuckasegee River into a box canyon with 200' high vertical walls. Dogs welcomed. Total Hike Distance: 5.3 miles Rating: M Elevation: 550' Meeting Place: Cashiers Recreation Park Time: 10 am R/T Driving: 16 miles Leader: Robin Lurie Must RSVP 954-632-7270

SUN JUNE 18 **Wandering Around Park Gap** along Park Creek. This hike will go out Park Creek Trail to a spur logging road and come back into Park Gap. Total Hike Distance: 3 miles Rating: M Elevation: 400' Meeting Place: Westgate Plaza Time: 1 pm R/T Driving: 40 miles Leader: Gail Lehman Must RSVP 828-524-5298

SAT JUNE 24 **Rhapsodie Falls and Aunt Sally's Falls** in Panthertown Valley. Beautiful waterfalls 265 ft. climb on the way back. Out and back hike. Total Hike Distance: 3 miles Rating: M – S Elevation: 632' Meeting Place: Cashiers Recreation Park Time: 10 am R/T Driving: 40 miles Leader: Susan Kettles Must RSVP 828-743-1079 or 828-399-0090