

JULY – AUGUST 2022 HIKING SCHEDULE

SAT JULY 9 Chattooga River Trail. Starting at Whiteside Cove we will go to the Iron Bridge on Bear Pen Road. Hike along the Chattooga River, seeing rock formations, big tree and swim at the Narrows. There is some rock scrambling. Total Hike Distance: 6miles Rating: M Elevation: tends to be downhill Meeting Place: Cashiers Rec. Park Time: 10 am R/T Driving: 26 miles Leader: Susan Kettles Must call for reservations 828-743-1079 or cell 828-399-0090

WED JULY 13 Old Bald at Fairfield Lake. Hike to the top of Old Bald Mountain for beautiful views of the lake below and mountains to the south. Total Hike Distance: 3 miles Rating: M Elevation: 850' Meeting Place: Cashiers Rec. Park Time:10 am R/T Driving:12 miles Leader: Robin Lurie Must call for reservations: 954-632-7270

FRI July 15 Kimsey Creek in the Standing Indian Recreational Area. Starting at the Backcountry Parking go over and around the campground. We will cross two foot logs. This trail is wet and rocky most of the time following this beautiful creek with much fauna and flora. We will turn around at a third bridge. Total Hike Distance: 5 miles Rating: M Elevation: 300' Meeting Place: Westgate Plaza Time: 9 am R/T Driving:40 miles Leader: Katharine Brown Must call for reservations: 828-421-4178

SAT JULY 16 Devil's Courthouse on the Blue Ridge Parkway. We will take the Mountains to Sea Trail at State Road 215. Hiking through spruce and fir forests. We will have spectacular views from the Courthouse. Return to the MTS trail and descend on Little Sam Knob Trail to Flat Laurel Creek. There are many cascades along this creek back to STRD 215. Total Hike Distance: 6 miles Rating: M-S Elevation: 700' Meeting Place: Food Lion Time: 8:30 am R/T Driving: 100 miles Leader: Gail Lehman Must call for reservations 828-524-5298

SUN JULY 17 High Falls at Lake Glenville. We will hike down this shady trail to the bottom of High Falls and swim in several pools. Hikers must be sure footed to scramble over rocks into the gorge. You may swim at the lake too. Total Hike Distance: 3.5 miles Rating: M-S Elevation: 500' Meeting Place: Food Lion Time: 1 pm R/T Driving: 40 miles Leader: Chris Federico Must call for reservations 772-233-7277

SAT JULY 23 High Falls/Rough Run Falls near Lake Glenville. See two beautiful waterfalls. Hike into a box canyon at High Falls. Total Hike Distance: 4 miles Rating: M Elevation: 300' Meeting Place Food Lion Time 9 am R/T Driving: 76 miles Leader: Robert Barnable Must call for reservations 828-369-1565

SUN JULY 24 Wayah Loop. We will go to the tower for beautiful view, then hike the AT north (very rocky) to the junction of the Bartram Trail. Return to the bald for more spectacular views. Total Hike Distance: 3 miles Rating: M Elevation: 400' Meeting Place: Westgate Plaza Time: 2 pm Leader: Gail Lehman Must call for reservations 828-524-5298

SAT JULY 30 Deep Creek/Indian Creek Loop in the GSMNP. We will see three waterfalls along the way: Juney Whank, Indian Creek Falls and Tom Branch. Total Hike Distance: 5 Miles Rating: M/S Elevation: 600' Meeting Place: Food Lion Time 9 am. R/T Driving: 70 miles Leader: Gail Lehman Must call for reservations 828-524-5298

SAT AUG 6 Siler Bald on the AT. Hike south on the AT to Snowbird Gap. Then climb to the summit with a newly cleared vista to the south. See Nantahala Lake and back towards Franklin. Total Hike

Distance: 4.5 miles Rating: M Elevation 770' Meeting Place: Westgate Plaza Time 9 am. Leader: Robert Barnable Must call for reservations 828-369-1565

SUN AUG 7 **Secret Falls** near Highlands with a good swimming hole. **Giant Poplar** tree in Horse Cove and **Brooks Falls** outside of Highlands. Total Hike Distance: 2 miles Rating: E Elevation: 255' Meeting Place: One Nails 145 Main Street Highlands Time: 1 pm Leader: Robin Lurie Must call for reservations 954-632-7270

FRI AUG 12 **Full Moon** hike to **Siler Bald**. This out and back hike is for experienced AT hikers. We will follow the AT to Snowbird Gap. Then ascend to the summit and, if the weather allows, the moon rises around 9:30 pm. You will need a headlamp or flashlight. The summit is often windy and cool at any time of year. Total Hike Distance: 4.5 miles Rating: M Elevation 770' Meeting Place: Westgate Plaza Time: 7 pm R/T driving: 26 miles Leader: Katharine Brown Must call for reservations 828-421-4178

SAT AUG 13 **Rock Gap to Glassmine Gap** on the AT. Hike south on the AT. Some views east into the Cartoogechaye Community. This is an out and back hike. Total Hike Distance: 5 miles Rating: M Elevation: 700' Meeting Place: Westgate Plaza Time: 9 am R/T Driving: 35 miles Leader: Gail Lehman Must call for reservations 828-524-5298

SUN AUG 14 **Ramsey Trail** in Tellico Valley. Hike this lovely private trail which is a Mainspring Conservation Trust. It is a steady climb to the top. Total Hike Distance: 3 miles Rating: M-S Elevation: 800' Meeting Place: Westgate Plaza Time: 1 pm R/T Driving: 38 miles Leader: Chris Federico Must call for reservations 772-233-7277

SAT AUG 20 **Rufus Morgan Falls** This beautiful waterfall is named after our NHC founder. Return through a rhododendron cove. You do not have to be a member to hike with us. Bring food and water. Well behaved dogs on leash are welcome. Total Hike Distance: 1.5 miles. Rating: E Elevation: 300' Meeting Place: Westgate Plaza Time: 9 am R/T Driving: 26 miles Leader: David Stearns Must call for reservations 828-349-7361

SUN AUG 21 **Martin Creek Falls**. Hike out of Warwoman Dell on the GA Bartram Trail. Pass Becky Branch Falls, lots of galax and diverse forest. Come into a lovely camping area and finally to 45' Martin Creek Falls. Total Hike Distance: 4 miles Rating: M Elevation: 300' Meeting Place: Westgate Plaza Time: 1 pm R/T Driving: 43 miles Leader: Chris Federico Must phone for reservations 772-233-7277

SAT AUG 27 **Windy Falls** on the Horse Pasture River. The trailhead begins in Gorges State Park. This is an awesome waterfall with a series of drops and neat rock outcrops which are rarely seen. There is also a small cave in the cliff next to the falls. There is a very steep rocky old logging road the last ¼ mile to the falls. Total Hike Distance: 5 miles Rating: M/S Elevation: 700' Meeting Place: Cashiers Rec. Park Time: 10 am R/T Driving: 40 miles Leader: Susan Kettles Must call for reservations 828-743-1079 or cell 828-399-0090

SUN AUG 28 **Shope Fork** at Coweeta Hydrologic Lab. Hike along this lovely creek for a shady cool hike. We will see a pretty cascade at the end and return to the cars. Total Hike Distance: 2 miles Rating: M Elevation: 300' Meeting Place: Smoky Mt. Visitor Center Time: 1 pm R/T Driving: 16 miles Leader: Katharine Brown Must call for reservations 828-421-4178