

Walking with Spring 2019

by Kristina Lynn Moe



The Macon County Public Library is an Appalachian Trail Community Supporter. Since Franklin's designation in March 2010 as an A.T. Community, MCPL has helped build public awareness about the significant resources and economic opportunities the Appalachian National Scenic Trail brings to Franklin as an A.T. Community.

The library's "Walking with Spring" series of movies and programs in partnership with the Nantahala Hiking Club and the Franklin Appalachian Trail Community corresponds with Franklin's Trail Days Celebration period which happens from the first day of Spring through Earth Day, as well as with thru-hiker season in Franklin. Events highlight the AT, its hikers, and other outdoor activities and environmental issues.

All programs are free and open to the public. They will take place in the Meeting Room unless otherwise noted.

Thursday, March 21, 2:00 p.m. - The National Trail of Tears Historic Trail - The National Park Service is proud to share Trail of Tears, produced in collaboration with the Cherokee Nation, Trail of Tears exposes one of the darkest chapters in American history: the forced removal of the Cherokee Indians from the southeast United States to a new home in the west, and the Cherokee people's determined struggle to maintain their cultural identity.

Stories of hardship, endurance, love, and loss come alive as a Cherokee grandfather endures the Removal experience with his granddaughter. Filmed on historic ground, Trail of Tears depicts the homeland that the Cherokee lost, the trail they followed, and the modern Cherokee people of today. For more information please log on to nps.gov/trte (23 minutes)

Friday, March 22, 2:00 p.m. - "Third Man on the Mountain", 1959 adventure starring Michael Rennie, James MacArthur and Janet Munro- A boy attempts to realize his father's dream of climbing an alpine peak known as the Citadel. 1 hr. 47 min.

Thursday, March 28, 6:00 p.m. - Women's History Trail with Marty Greeble

Friday, March 29, 10:30 a.m. - Yoga on the Greenway in the Macon County Public Library Meeting Room and adjacent Greenway - Join Beyond Bending Yoga's Jennifer McIntee to combine light yoga with nature for a walking yoga class on the Greenway. Meet in the Meeting Room and leave from there to enjoy a brisk walk on both paved and gravel paths. Along the walk we will take yoga breaks, practicing basic postures. In the event of inclement weather, we will hold a beginners yoga class in the Meeting Room. www.beyondbendingyoga.com

Thursday, April 4, 2:00 p.m. - Appalachian Trail Conservancy documentaries- "myATstory: Adventures from the People's Trail" - The Appalachian Trail is one of the most inspiring endeavors in American history. But what truly makes the A.T. special is the community of hikers and supporters that keep the spirit of the Trail alive through their adventures, their generosity, and their stories. In these five films, we will showcase inspiring tales from some of these unique individuals about how the A.T. has changed their lives forever. www.myATstory.org/

Thursday, April 4, 6:00 p.m. - National Trails in Western North Carolina - The focus of this program will be on encouraging folks to visit national trail sites and other places significant to removal-era Cherokee history here in Western North Carolina. Andy Denson of the NC Trail of Tears Association will discuss the Trail of Tears National Historic Trail, Bill Van Horn of the Nantahala Hiking Club will discuss the Appalachian Trail, and Brent Martin of the NC Bartram Trail Society will discuss the Bartram Trail.

Friday, April 5, 10:30 a.m. - Downhill Hiking with Carol and Jim Steiner - The Steiners will share stories about their hikes from their book, "The Appalachian Trail Day Hikers' Guide: Downhill to Fine Wine and Accommodations, Georgia, North Carolina, and Tennessee" www.ATDayHiker.com

Thursday, April 11, 6:00 p.m. - Cherokee Trail of Tears in Macon County - Lamar Marshall will talk about the Trail of Tears route in Macon County. In 1838, Cherokees traveled from Fort Lindsay (present-day Almond), down along the Little Tennessee corridor to Franklin, where they turned west on the Great State Road. When Congress last amended the national trail, the National Parks Service and Trail of Tears Association did not have strong proof that Cherokees took this route, but good documentation has since emerged with the hope that it will eventually be included as part of the Congressionally designated route of the national trail.

Friday, April 12, 10:30 a.m. - Reflections on our A.T. Journey: both humorous and challenging, by A.T. section hikers (2005-2013) Bill and Sharon Van Horn