

Nantahala Hiking Club July-August 2019 Hike Schedule

SAT JULY 6 **Sweet Corn Festival** at St. Cyprians Church on Roller Mill Rd. NHC will have a booth. Call Kathy Ratcliff if you would like to help. Phone: 349-3380

SAT JULY 13 Long Branch Trail to the Long Branch Shelter on the AT in the Standing Indian Recreational Area. Starting at the Backcountry Parking lot hiking 2.5 miles to the AT and on to our newest shelter. Dogs welcome on leash. Total Hike Distance: 6 mi. Rating: M Elevation: 700' Meeting Place: WP Time: 9:30 am R/T Driving: 30 mi. Leader: Katharine Brown Phone: 421-4178

SUN JULY 14 Ammons and Holcomb Creek Falls in lush green Georgia Wilderness to these two falls. Total Hike Distance: 2 miles Rating: E Elevation: 100' Meeting Place: Highlands, 145 Main St. at 1 Nails east of the junction of Hwy. 64 and Hwy. 106. Time: 2 pm R/T Driving: 26 mi. Children 8 and older and dogs welcome. Leader: Robin Lurie Phone: 954-632-7270

TUES JULY 16 Sunset Picnic/Full Moon Hike to Siler Bald. Walk the AT to Siler Bald to enjoy the sunset and moon rise. Bring water, snack, headlamp/flashlight. Total Hike Distance: 4 miles Rating: M Elevation: 700' Meeting Place: WP Time: 6:30 pm R/T Driving: 25 miles Leader: Chris Federico Phone: 772-233-7277

SAT JULY 20 **Hike 'n Swim at High Falls/Lake Glenville.** Lush forest trail along the West Fork of the Tuckasegee River Gorge leads to a 150' triple waterfall. Cool off in several swimming holes. Total Hike Distance: 4 miles Rating: M/S- must be sure footed to scramble over rocks down/up the gorge. Elevation: 100' steep descent Meeting Place: Bi – Lo 9 am R/T Driving: 35 miles Leader: Chris Federico Phone: 772-233-7277

SUN JULY 21 Sunday Stroll at Warwoman Dell/Becky Branch Falls on the Georgia Bartram Trail. Leisurely meander through lush Warwoman Dell with historic features. Short walk to Becky Branch Falls. Total Hike Distance: 2 mile loop Rating: E Elevation: 300' Meeting Place: SMVC Time: 2 pm R/T Driving: 33 mi. Leader: Chris Federico Phone: 772-233-7277

FRI JULY 26 **TGIF Hike 'n Swim at Secret Falls/Highlands**. Hike through forest to a secluded 60' waterfall. Steep descent and rock scramble leads to a swimming hole. Total Hike Distance: 1.5 miles Rating: M Elevation: 100' Meeting Place: Bi – Lo Time: 10 am R/T Driving: 40 miles Leader: Chris Federico Phone: 772-233-7277

SAT JULY 27 **Dam release at High Falls**. See Rough Run Falls along the hike to High Falls. Total Hike Distance: 4 miles Rating: M Elevation: 600' Meeting Place: Cashiers Recreation Park Time: 10 am R/T Driving: 7 miles Leaders: Mike and Sue Kettles Phone: 828-743-1079

SAT JULY 27 **Thomas Divide to Kanati Fork Trail** in the GMSNP. Begin on 441 Highway near Newfound Gap and climb the ridge to Kanati Fork. Descend to Kephart Prong. Shuttled needed. Total Hike Distance: 5 miles Rating: M Elevation: 700' Meeting Place: Bi – Lo Time: 8:30 am R/T Driving: 90 mi. Leader: Gail Lehman Phone: 524-5298

FRI AUG 2 Straight Fork Road in the GMSNP. Walk along this beautiful cooling creek on a warm summer day. Total Hike Distance: 6-7 miles Rating: M Elevation: 300' Meeting Place: Sanderstown Car Park Time: 9:30 am R/T Driving: 70 miles Leader: Katharine Brown Phone: 421-4178

SAT AUG 10 **Warwoman Dell to Martin's Creek Falls** on the Georgia Bartram Trail. Explore the dell and hike the Bartram Trail to Becky Creek and Martin's Creek Falls. Total Hike Distance: 6 miles Rating: M Elevation: 500' Meeting Place: SMVC Time: 9 am R/T Driving: 33 mi. Leader: Chris Federico Phone: 772-233-7277

SUN AUG 11 **Wayah Loop**. Start at Wayah Tower and walk the AT to the Bartram Trail and return to the tower. Beautiful views. Total Hike Distance: 3 miles Rating M Elevation 500' Meeting Place: WP Time: 2 pm R/T Driving: 32 miles Leader: Gail Lehman Phone: 524-5298

SAT AUG 17 Franklin Area Folk Festival, A Celebration of Heritage at Cowee School NHC will have a booth. To volunteer and for information, please contact David Lewis at 524-0137.

SAT AUG 17 **YOGA Hike to Siler Bald** Find your Zen on the AT from Wayah Crest to the top of Siler Bald. Bring Beach towel for yoga practice with panoramic mountain views. Total Hike Distance: 4 miles Rating: M Elevation: 500' Meeting Place: WP Time:9 am R/T Driving: 25 miles Leader: Chris Federico Phone: 772-233-7277

SUN AUG 25 **Sunday Stroll Big Laurel and Mooney Falls** in the Standing Indian Recreational Area. Hike along to these two lovely waterfalls. Total Hike Distance: 3 miles Rating: E Elevation: 100' Meeting Place: WP Time: 2 pm R/T Driving: 42 miles Leader: Chris Federico Phone: 772-233-7277

SAT AUG 31 **Bee Cove Falls** in South Carolina. Hike begins off Hwy S.107 near the Fish Hatchery going down hill most of the way to a beautiful 80' multi-tiered waterfall. Total Hike Distance: 6 miles Rating: M Elevation: Meeting Place: Cashier Recreation Park Time: 10 am R/T Driving: 20 miles Leaders: Mike and Sue Kettles Phone: 828-743-1079