

# 2019 National Trails Day

## June 1

National Trails Day is the only nationally coordinated event designed to unite all muscle-powered trail activities with the goal of connecting more people to trails. Every trail beckons adventure and has a story to share with any person willing to discover it, and American Hiking Society believes these trail experiences can improve the lives of every American.

Each year, on the first Saturday of June, American Hiking Society and the trails community invite Americans of all ages and abilities to find their own adventure and discover their unique story at one of the thousands of events hosted throughout the country.

By coordinating a wide array of trail activities on a single day, National Trails Day attracts new trail users and helps connect existing trail enthusiasts with local clubs and organizations with the hopes of creating trail advocates and stewards. The task to protect and maintain more than 200,000 miles of trails in the U.S. requires a collaborative effort among trail clubs, organizations, government agencies, and most importantly passionate trail advocates and stewards.

## What's National Trails Day® All About?

Taking place on the first Saturday in June, National Trails Day® is a day of public events aimed at advocacy and trail service. Thousands of hikers, bikers, rowers, horseback riders, trail clubs, federal and local agencies, land trusts, and businesses come together in partnership to advocate for, maintain, and clean up public lands and trails.